



TAKE 10!® Kindergarten Kit Materials Content List

All of the materials contained in the TAKE 10! Kindergarten Kit are found in this content list. Simply locate the content or academic area that fits with your lesson plan, select a suitable activity card and student worksheet, and TAKE 10! with your students. Don't forget to place the TAKE 10! classroom sign on your door, and hang one of the TAKE 10! posters in the classroom to track the number of activities completed.

Introduction

Registration Form/Classroom Sign
Welcome to TAKE 10!
Student Letter
Nice To Meet You!

For Teachers

Getting Started with TAKE 10!
TAKE 10! Student Certificate
TAKE 10! Tips
Physical Activity Ideas for Teachers
TAKE 10! Teacher Lesson Plan Template
TAKE 10! Cool Down

Language Arts

Content Area

Title

Activity Cards

Reading

Word Buddies
Learning on the Move
Sounds in Action
All About You
Animals in Action
Moving with Phonics
Opposites in Action

Oral Communication

Conga Line Rhyme
Stories in Space
Stories in the Snow
A Healthy Week
TAKE 10! Boot Camp
Minda Says
The Hokey-Pokey
Stories on the Move!
TAKE 10! Patterns

Language Arts (Continued)		Content Area	Title
Worksheets	Reading		Rhyming Words
			Painting on the Move!
			Math and Reading
			Sounds in Action
			Starting Sounds
			Snow Angel Fun!
			Getting in Shape!
			What's Different?
			The Letter is?
			Opposite Actions!
		Are You My Opposite?	
		How I TAKE 10!®	
	Written Communication		Wake Up With Breakfast!
			Conga Line Rhyme
			Getting to Know You!
			Give Your Heart a Hug!
			TAKE 10! Fun
			Big, Bigger, Biggest!
			Good Health Match-up!
			What's Missing?
			TAKE 10! Artist
		"Colorize" The TAKE 10! Crew	
Oral Communication		How to Draw a Basketball	
		What Comes Next?	
		A Healthy Week!	
		Lend a Helping Hand	

Math		Content Area	Title
Activity Cards	Measurement (time)		Flying Through Time
			Year Round Fun
	Number Sense		Invisible Jump Rope
			TAKE 10! Fun
	Spatial Sense		Aim For Fitness
			Movin' & Groovin'
	Geometry		Lines, Triangles, and Squares, Oh My!
			Sums in Motion
	Addition		Real Life Math
Worksheets	Measurement (time)		Flying Through Time
			Day or Night?
			Year Round Fun
	Geometry		Row, Row, Row!
			Circles, Triangles & Squares
			Shapes & Sizes
			Playground Fun!

Math (Worksheets Continued)	Content Area	Title
	Number Sense	Count the TAKE 10! Crew The Missing Numbers Healthy Addition Real Life Math How Many TAKE 10! Crew Members? Add Up Good Health
	Spatial Sense Problem Solving	Eating or Exercising! Counting in Space!

Science	Content Area	Title
Activity Cards	Physical Science	Heart Smart Activity Guess What?
	Earth Science Life Science	Health Smart All Year The Living World: Living Things Meet Your Organs
Worksheets	Structure of Matter Maps and Globes	Doesn't Belong! Planet Earth

Social Studies	Content Area	Title
Activity Cards	Civics Geography Human Patterns Economics Citizenship	Walk to School Day Let's See the World Another School Day Community Helpers School Rules Rap True or False
Worksheets	Information Processing Geography	You Plan Your Party World Travelers Could This Happen?

General Health	Content Area	Title
Activity Cards	Safety Growth and Development Nutrition Nutrition	Street Wise I Am Special! Fruit & Veggie Fun! Five Food Fun!

General Health (Continued) Content Area

Title

Worksheets	Safety	Safety First!
	Growth and Development	I'm Proud of Me!
		Alike and Different
	Nutrition	Heart Smart Foods
	PE	Walking and Talking
		Walk to School Day
		Aim For Fitness

Assessment

TAKE 10!® Student Assessment of Knowledge - Instructions for Administering the Student Assessment
Objective/Item Relationship, Answer Key, & Scoring Procedure
TAKE 10! Knowledge Assessment, Kindergarten - Nutrition
TAKE 10! Knowledge Assessment, Kindergarten - Physical Activity
TAKE 10! Knowledge Assessment, Kindergarten - General Health and Safety
TAKE 10! Teacher Implementation Evaluation

Stickers/Posters

TAKE 10! Stickers
Fall, Winter & Spring Posters